Supplementary Table 1. Spearman correlation matrix between bedtime procrastination and childhood unpredictability measures

Variable	1	2	3	4	5	6	7
1. Bedtime Procrastination Scale total score	-						
2. Overall childhood unpredictability score	0.242***	-					
3. Parental monitoring and involvement	0.236***	0.600***	-				
4. Parental predictability	0.211**	0.828***	0.343***	-			
5. Parental environment	0.174*	0.611***	0.202**	0.362***	-		
6. Physical environment	0.100	0.640***	0.194**	0.359***	0.423***	-	
7. Safety and security	0.037	0.554***	0.199**	0.333***	0.406***	0.400***	-

Values are Spearman rank-correlation coefficients. Significance symbols are based on unadjusted two-sided p-values. False-discovery-rate-adjusted q-values for associations between bedtime procrastination and the five QUIC domains are reported in Table 3. *p<0.05; **p<0.01; ***p<0.001. QUIC, Questionnaire of Unpredictability in Childhood.